

MUTT LOAF

Recipe courtesy of Friends of the Hound - <https://www.friendsofthehound.org.au/>

*May be served cooked or raw

INGREDIENTS:

1 x butternut pumpkin or ½ Jap pumpkin

1 x large sweet potato

6-8 carrots

2-3 zucchinis

3-4 apples (any colour) (remove all seeds)

4-6 eggs

2kgs mince (beef / chicken)

1 x large tin of fish in oil (sardines / tuna / etc)

2 x cups of grated cheese

Coconut or vegetable oil

*Plus any left over “dog friendly” vegies (skin left on)

METHOD:

Use a food processor or hand grant all fruit and vegetables.

Mix all ingredients together until thoroughly combined.

Place in baking dishes or loaf pans and sprinkle with cheese.

Bake in a moderate oven (fan forced 180degrees) for approximately 1 – 1.5hrs.

Once cooled, slice into roughly 10cm portions and freeze until required.